

Curriculum Vitae

Personal Information

Name: Hend Abdallah El Sayed Afifi Nassar

Sex: Female

Nationality: Egyptian

Date of Birth: January 23, 1977

Address: Benha city, Qalyubia Governorate, Egypt.

Degree: Professor of Obstetrics and Gynecology Nursing Faculty of Nursing, Benha University, Egypt

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Academic Qualifications

Date	Level	Awarding Institution
March 6, 2011	PhD in Maternal and Newborn Health Nursing (Obstetrics and Gynecology Nursing)	Faculty of Nursing, Benha University
April 2, 2007	Master's Degree in Maternal and Newborn Health Nursing (Obstetrics and Gynecology Nursing)	Faculty of Nursing, Benha University
January 30, 1999	Bachelor of Nursing Science	Higher Institute of Nursing, Zagazig University (Benha Branch)

Academic Career Progression

Date	Position
March 30, 2022	Professor, Department of Obstetrics and Gynecology Nursing, Faculty of Nursing, Benha University
November 29, 2016	Assistant Professor, Department of Women's Health and Obstetrics Nursing, Faculty of Nursing, Benha University
May 30, 2011	Lecturer, Department of Women's Health and Obstetrics Nursing, Faculty of Nursing, Benha University
June 6, 2007	Assistant Lecturer, Department of Women's Health and Obstetrics Nursing, Faculty of Nursing, Benha University
September 16, 2001	Demonstrator, Department of Women's Health and Obstetrics Nursing, Faculty of Nursing, Benha University
January 1, 2000	Nursing Specialist, Health Technical Institute, Benha

Academic and Administrative Positions

- Vice Dean for Postgraduate Studies and Research Affairs, Faculty of Nursing, Benha University since August 2026 until now.
- Coordinator of Nursing Programs at Wuhan–Benha College for Postgraduate Studies, Benha University (El Obour Branch) since January 2026 until now.
- Chair of the Research Ethics Committee, Faculty of Nursing, Benha University since September 2025 until now.
- Head of the Department of Obstetrics and Gynecological Nursing, Faculty of Nursing, Benha University from August 2022 to August 2025.
- Coordinator of the Specialized Diploma Program in Obstetrics and Gynecological Nursing, Faculty of Nursing, Benha University from July 2019 – September 2022.
- Vice Director of the Quality Assurance Unit, Faculty of Nursing, Benha University from 2016/2017 to 2022/2023.

- Vice Director of the Quality Assurance and Accreditation Center, Benha University from November 2016 to November 2019.
- Coordinator of the Information Technology Club, Faculty of Nursing, Benha University from 2016/2017 to 2020/2021.
- Director of the Training Unit, Faculty of Nursing, Benha University from September 2011 to December 2012.
- Director of the Quality Assurance Unit, Faculty of Nursing, Benha University from 2006 to 2008.

Editorial and Peer-Review Activities

Current editorial roles

- Associate Editor, Benha Journal of Applied Sciences (since 2025 – present)
- Managing Editor, Journal of Nursing Sciences, Benha University (since 2025 – present)
- Editor, Journal of Women’s Health Sciences (since 2019 – present)
- Assistant Editor, Journal of Medicine and Surgical Nursing (since 2022 – present)

Committee membership

- Member of the Permanent Scientific Committee for Promotion of Professors and Associate Professors (since January 2024 – present)
- Member of the Board of Directors, Journal of Medical Care Research and Review (since 2019 – present)

Peer-Reviewed for multiple journals (since various dates – present)

- The Malaysian Journal of Nursing (since 2026)
- Helwan International Journal for Nursing Research and Practices (since 2024)
- Damietta Journal for Nursing Research and Health Sciences (since 2024)
- Journal of Advanced Medicine and Medical Research (since 2023)
- Benha Journal of Applied Sciences (since 2023)
- Journal of Research in Nursing and Health (since 2022)
- Journal of Pharmaceutical Research International (since 2022)
- Journal of Nursing Sciences, Benha University (since April 2022)
- Asian Journal of Research in Nursing and Health (since 2021)

Publications

1. Effect of an Educational Program on Quality of Life in Multiparous Women with Stress Urinary Incontinence. *Journal of Nursing Science, Benha University*. 2025
2. Effect of Applying Centered Pregnancy Model versus Individual Prenatal Care on Maternal and Neonatal Outcomes. *Journal of Nursing Science, Benha University*. 2025
3. Effect of Applying Pregnancy Centered Care Model on Pregnant Women's Health Behaviors. *Journal of Nursing Science, Benha University*. 2025
4. Effect of Designed Educational Program on Pregnant Women' Knowledge and Attitude toward Stem Cells and Cord Blood Banking. *Journal of Nursing Science, Benha University*. 2025
5. Effect of Endometrial Cancer Preventive Program on Menopausal Women's Health Behaviors Utilizing Health Belief Model. *Journal of Nursing Science, Benha University*. 2025
6. Effect of Breast Crawl Technique during Third Stage of Labor on Maternal and Neonatal Outcomes. *Journal of Nursing Science, Benha University*. 2025
7. Artificial Intelligence in Obstetrics and Gynecological Nursing: A New Era of Precision Healthcare. *Women's Health Science Journal*. 2024
8. Knowledge, Practices and Attitudes of Pregnant Women Regarding Deep Venous Thrombosis. *Journal of Nursing Science, Benha University*. 2024
9. Knowledge, Attitude and Reaction of Newly Married Women toward the First Gynecological Examination. *Journal of Nursing Science, Benha University*. 2023
10. Effect of Benson Relaxation Technique on Intensity of Post Cesarean Section Pain among Primipara Women. *Journal of Nursing Science, Benha University*. 2023
11. Effect of Simulation Training on Intern Nurses' Competence and Self-Confidence regarding Primary Postpartum Hemorrhage. *Journal of Nursing Science, Benha University*. 2023
12. Effect of Educational Program on Nurses' Perception regarding Obstetric Triage. *Journal of Nursing Science, Benha University*. 2023

13. Effect of Sitting Pelvic Tilt Exercise on Low Back Pain among Primigravidae Women. *Journal of Nursing Science, Benha University*. 2023
14. Perception of Pregnant Women regarding Folic Acid Intake. *Journal of Nursing Science, Benha University*. 2023
15. Nurses' Knowledge and Attitude regarding Women's Sepsis during Postpartum Period. *Journal of Nursing Science, Benha University*. 2023
16. Effect of On-Job Training Program on Nurses' Compliance and Satisfaction with Infection Control Measures at Obstetric Operating Room. *Benha Journal of Applied Sciences*. 2023
17. Effect of Gum Chewing on Gastrointestinal Problems among Primipara Women Immediately after Cesarean Section. *Journal of Nursing Science, Benha University*. 2023
18. Knowledge and Attitude of Late Adolescent Girls regarding Polycystic Ovarian Syndrome. *Journal of Nursing Science, Benha University*. 2022
19. Effect of Educational Program on Nurses' Knowledge and Practices regarding Cardiotocography. *Journal of Nursing Science, Benha University*. 2022
20. Effect of Educational Program Based on Health Belief Model regarding Safe Childbirth on Selected Mode of Delivery among Primigravida. *Journal of Nursing Science, Benha University*. 2022
21. Application of Four Phases Teaching Method regarding Labour Care among Nursing Students and Its Effect on Emotional Intelligence. *Journal of Nursing Science, Benha University*. 2022
22. Effect of Palliative Care Training Package on Nurses' Performance regarding Gynecologic Cancer. *Egyptian Journal of Health Care*. 2021
23. Effect of Health Belief Model-Based Educational Intervention on COVID-19 Preventive Behaviors among Pregnant Women. *Tanta Scientific Nursing Journal*. 2022
24. Effect of Educational Guideline on Quality of Nursing Care during Antenatal Period. *Journal of Nursing Science, Benha University*. 2021
25. Effect of Continuous Care Model on Health-Related Behaviors and Quality of Life among Women with Preeclampsia. *Egyptian Journal of Health Care*. 2020

26. Sexual Dysfunction in Women with Diabetes: Counseling Intervention. Journal of Nursing Science, Benha University. 2020
27. Effect of Early Ambulation on Post Cesarean Section Women's Recovery and Pain. Journal of Nursing Science, Benha University. 2020
28. Traditional Practices Self-Reported by Nursing Students to Relieve Dysmenorrhea. Egyptian Journal of Health Care. 2020
29. Pregnant Women Perception regarding Urinary Tract Infection. Sumerianz Journal of Medical and Healthcare. 2019
30. Effect of Localized Warm versus Cold Compresses on Pain Severity during First Stage of Labor among Primiparous. IOSR Journal of Nursing and Health Science. 2019
31. Effect of Nursing Intervention Guidelines on Recurrent Vaginitis among Reproductive-Age Women. IOSR Journal of Nursing and Health Science. 2019
32. Sleep Disturbances among Primigravidae. Egyptian Journal of Health Care. 2018
33. Effect of Educational Intervention on Quality of Life and Sexual Function in Women with Endometriosis. International Journal of Studies in Nursing. 2018
34. Effect of Nursing Intervention on Oral Health Knowledge, Attitude, and Health Behaviors among Pregnant Women. American Journal of Nursing Research. 2018
35. Effect of Centering Pregnancy Model Implementation on Prenatal Health Behaviors and Empowerment. American Journal of Nursing Science. 2018
36. Assess Knowledge and Beliefs of Female Nursing Students toward Osteoporosis Prevention. Menoufia Nursing Journal. 2017
37. Nurses Expectations toward Toxoplasmosis during Pregnancy. Egyptian Journal of Health Care. 2017
38. Perception and Attitude of Internship Nursing Students regarding Sexual Harassment. Menoufia Nursing Journal. 2017
39. Mobile Technology & Nursing Education Practice. Journal of Distance Learning and Open Learning. 2016

40. Effect of Local Heat Application on Primary Dysmenorrhea among Nursing Students. Beni Suef Conference. 2016
41. Effect of Different Maternal Positions during Non-Stress Test on Maternofetal Physiological Parameters. Tanta Scientific Journal. 2016
42. Knowledge and Attitude of Maternity Nurses regarding Cord Blood Collection and Stem Cells: Educational Intervention. Journal of Nursing Education and Practice. 2015
43. Effect of Nursing Intervention on Pelvic Organ Prolapse Symptoms. Egyptian Journal of Health Care. 2015
44. Sexual Health Education on Sexual Beliefs, Behaviors and Function for Pregnant Women. Helwan Conference. 2015
45. Effect of Self Learning Package Based on Health Belief Model on Cervical Cancer Prevention among Female University Students. IOSR Journal of Nursing and Health Science. 2014
46. Effect of Spontaneous versus Directed Pushing during Second Stage of Labor on Birth Outcomes and Maternal Fatigue. Helwan Conference. 2014
47. The Effect of Counseling on Women's Infertility-Related Stress. Asian Academic Research Journal of Multidisciplinary. 2013

Thesis and Dissertation Supervision

M.Sc. Thesis

#	<u>Student Name</u>	<u>Thesis Title</u>	<u>Registration Date</u>	<u>Awarding Date</u>
1	Samah El-Sayed Ahmed	Effect of a Mobile-based Educational Intervention on Perception, Adherence and Perceived Barriers to Iron Intake among Pregnant Women with Iron Deficiency Anemia	April 2026	In Progress
2	Enas Saeed Abdel Moneim	Effect of applying information motivation behavioral skills model on adolescent girls's health behaviors regarding prevention on genital infections	March 2026	In Progress
3	Shahinaz Hosny	Knowledge and Attitudes of maternity nurses regarding	February 2026	In Progress

<u>#</u>	<u>Student Name</u>	<u>Thesis Title</u>	<u>Registration Date</u>	<u>Awarding Date</u>
	Mohamed Hassan	utilizing of artificial intelligence in Early Detection of high-risk pregnancy		
4	Ehsan Hamdy Shehata Mohamed	Effect of an Educational Intervention Based on Health Belief model on Health Behaviors among women with Gestational Diabetes Mellitus	November 2025	In Progress
5	Aya Mohamed Ismail Mohamed	Effect of a lifestyle modification approach utilizing the 5A's model on preventing iron deficiency anemia among pregnant women	October 2025	In Progress
6	Warda Saeed Abdel Moaty	Effect of applying scrapping technique on breast engorgement among postnatal women	October 2024	In Progress
7	Dina Samy Ahmed	Effect of using mind mapping strategy on maternity nurses' performance regarding infection control measures at delivery room	October 2024	In Progress
8	Soad Abdel Tawab Ibrahim	Effect of PLISSIT Model Application on Body Image and Quality of Sexual Life in Women after Mastectomy	2024	2026
9	Eman Saad Saad Lasheen	Effect of an Educational Program on Quality of Life in Multiparous Women with Stress Urinary Incontinence	2024	2025
10	Hend Mohamed Abdel Azim	Effect of breast crawl technique during third stage of labour on maternal and neonatal outcomes	2023	2025
11	Yomna Mohamed El-Sayed Atta	Effect of an endometrial cancer preventive program on menopausal women's health behaviors utilizing health beliefs model	2023	2025
12	Hend Shaaban Hassan Abdel Fattah	Knowledge, Practices and Attitudes of Pregnant Woman Regarding Deep Venous Thrombosis	14/9/2022	2024

<u>#</u>	<u>Student Name</u>	<u>Thesis Title</u>	<u>Registration Date</u>	<u>Awarding Date</u>
13	Fatma Mostafa Mohamed Abou Zeid	Effect of Benson Relaxation Technique on Intensity on Post Cesarean Section Pain among Primipara Woman	21/3/2022	2024
14	Sahar Saeed Abdel Aziz Soliman	Knowledge and quality of life of women with polycystic ovary syndrome	1/1/2022	2023
15	Hala Ezzat Abdel Gawad	Effect of teaching program about fetal movement counting on primigravida's prenatal attachment	23/9/2021	2023
16	Enas Noaman Hamdan Morsi	Effect of Sitting Pelvic Tilt Exercise on Low Back Pain among Primigravidae Women	22/3/2021	22/10/2022
17	Nermeen Magdy Kamel Fahim	Perception of pregnant women regarding folic acid intake	22/3/2021	29/10/2022
18	Engy Nabil Fayez	Nurses' knowledge and attitude regarding women's sepsis during postpartum period	22/2/2021	19/10/2022
19	Soad Helmy Mohamed El-Sherif	Effect of gum chewing on gastrointestinal problems among primipara women immediately after cesarean section	22/2/2021	19/10/2022
20	Zeinab Abdel Fattah El-Sayed Abou Alia	Knowledge and attitude and reaction of married women toward the antenatal examination of gynecological disease	20/7/2020	5/11/2022
21	Heba Sobhy Mohamed Mazen	Application of four phases teaching method regarding care of labor among nursing student and its effect on their emotional intelligent	17/2/2020	12/10/2021
22	Amira Mohamed Reda Abdel Moneim	Knowledge and attitude of late adolescent girls regarding polycystic ovarian syndrome	25/3/2018	27/10/2021

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23	Soad Hamdy Ali Talab	Effect of early ambulation on post cesarean section women's recovery and pain	25/3/2018	27/10/2020
24	Asmaa Saber El-Morsy El-Ghorab	Effect of educational guideline on efficiency of introduction nursing care during antenatal period	27/9/2017	30/12/2020
25	Ekram Abdel Latif Attia	Maternal and neonatal Outcomes of elective versus emergency cesarean section	27/9/2017	12/4/2019
26	Elham Ahmed Ahmed Mohamed	Awareness and quality of life among women with pelvic organ prolapse symptoms	27/9/2017	15/10/2018
27	Dina Mahmoud Abdel Salam El-Agamy	Perception and attitude of internship nursing students regarding sexual harassment	22/2/2017	11/4/2018
28	Amira El- Sayed Abdel Hamid Kandil	Assess knowledge and beliefs of female nursing students toward prevention of osteoporosis	22/3/2017	11/4/2018
29	Marwa Abdel Azim Abdel Hamid Abdel Fattah	Effect of simulation on maternity nursing students' perception, satisfaction and self confidence	29/2/2016	20/7/2017
30	Entesar Abdel Moneim Mohamed	Traditional practices self-reported by nursing students to relieve dysmenorrhea	18/3/2015	13/9/2017
31	Heba Ahmed El-Sayed Watout	Effect of local heat application on relieving primary dysmenorrhea among nursing students	16/2/2015	14/3/2016
32	Safaa Abdel Aaty Ghoneim	Sleep disturbances among primi gravidae	18/3/2015	30/4/2016
33	Eman Gouda Abdel Rahman Mahmoud Kemeha	Nurses' expectations toward toxoplasmosis during pregnancy	16/2/2015	27/4/2017

<u>#</u>	<u>Student Name</u>	<u>Thesis Title</u>	<u>Registration Date</u>	<u>Awarding Date</u>
34	Ekram Sobhy Mostafa Shaaban	Evaluation of coping style among women undergoing hysterectomy	27/9/2017	20/4/2019
35	Heba Abdel Rahim Mohamed Zidan	Effect of premenstrual syndrome on quality of life during adolescence Period	24/2/2014	22/10/2016
36	Hanan Hassan Ibrahim Abdel Halim Khadr	Effectiveness of transcutaneous electrical nerve stimulation on decreasing post cesarean section pain	26/3/2012	15/9/2014
37	Fatma Kamal Ali Ahmed	The effect of a designed educational program on menopausal symptoms	17/2/2013	28/4/2014
38	Nehmeda Ezzat Othman Abdel Aziz	Effect of nausea and vomiting on quality of life during pregnancy	21/1/2012	25/3/2013
39	Shaimaa Sayed Zarif Taha Mohamed	Effect of antenatal perineal massage on reducing episiotomy and perineal trauma among primigravida	27/9/2011	26/10/2014

PhD Thesis

<u>#</u>	<u>Student Name</u>	<u>Thesis Title</u>	<u>Registration Date</u>	<u>Awarding Date</u>
1	Soad Ragab Mohamed	Effect of Humanistic Nursing Care on Postoperative Clinical Recovery and Quality of Life among Women after Caesarean Section	April 2026	In Progress
2	Esraa Samy Mohamed	Effect of mobile Assisted Education on prenatal health literacy, health behaviors and childbirth outcomes among primigravida women	April 2025	In Progress

<u>#</u>	<u>Student Name</u>	<u>Thesis Title</u>	<u>Registration Date</u>	<u>Awarding Date</u>
3	Zeinab Bassem Shaalan	Effect of an Educational program on self-care practices and quality of life in perimenopausal women with dysfunctional uterine bleeding	April 2025	In Progress
4	Aya Mohamed Abdel Meguid	Effect of Video Assisted Educational Program on Knowledge and Reported Practices regarding Minor Aliments among Primigravida Women	2024	In Progress
5	Fatma Refaat Abdel Mohsen Desouky	Effect of Pilates Exercises on Menstrual Cramps, Anxiety and Sleep Quality among Nursing Students with Primary Dysmenorrhea	2024	In Progress
6	Amira Ali Ibrahim	Effect of Educational Intervention Based on Health Belief Model on Pregnant Women's Health Behaviors and Self-Efficacy Regarding Gestational Hypertension	2023	2026
7	Sahar Shafik Mohamed Afifi	Effect of Applying Pregnancy Centered Care Model on Pregnant Women's Health Behaviors and Selected Birth Outcomes	2023	2025
8	Dalia El- Sayed Hussein	Effect of Virtual Reality Application on Pain Intensity, Anxiety, and Satisfaction in Primipara Women During Episiotomy Repair	2023	2026
9	Aya Rabie Abdel Fattah	Effect of Safety Bundle Application on Maternity Nurses Performance Regarding Care of Pre-Eclamptic Women	2023	2026
10	Salma Hussein	Effect of simulation training on intern nurses' competence and	22/2/2021	2023

<u>#</u>	<u>Student Name</u>	<u>Thesis Title</u>	<u>Registration Date</u>	<u>Awarding Date</u>
	Mohamed Aboul Fotouh	self-confidence regarding primary postpartum hemorrhage		
11	Amira El-Sayed Abdel Hamid Kandil	Effect of educational program on nurses' perception regarding obstetric triage	26/12/2020	2023
12	Nariman Mohamed Shafie Mansour Mohamed	Effect of on job training program on maternity nurses' compliance and satisfaction concerning infection control measures	26/12/2020	2023
13	Fatma El-Zahraa Abdel Salam Saeed Ahmed	Effect of designed educational program on pregnant women knowledge and attitude toward stem cells and cord blood banking	21/9/2020	2023
14	Mervat Samy Amin Abdel Maksoud	Effect of educational program based on health belief model on primigravid decision regarding mode of delivery	24/3/2019	7/9/2021
15	Saleh Soghayar Mohamed Al-Hattar	Effect of educational program on knowledge and practice of maternity nurses toward fetal heart	25/2/2018	27/10/2021
16	Teresa Khalifa Girgis Girgis	Sexual dysfunction in women with diabetes: counseling intervention	22/3/2017	6/6/2020
17	Zeinab Mohamed Mahmoud Attia	Effect of (PIISSIT) counseling model on sexual function for women undergoing gynecological cancer treatment	22/3/2017	6/6/2020
18	Marwa Ahmed Fouad Abdel Aziz	Improve women's health behavior and beliefs regarding breast cancer screening: applying health belief model	21/9/2016	11/2018
19	Zeinab Rabie Abdel Mardy Emam	Effect of an instructional package on nurses' performance regarding obstetrical emergencies	21/9/2016	11/2018

<u>#</u>	<u>Student Name</u>	<u>Thesis Title</u>	<u>Registration Date</u>	<u>Awarding Date</u>
20	Aziza Saeed Iraqi El-Safty	Effect of application relaxation technique on blood pressure among women with pregnancy induced hypertension	26/4/2017	24/10/2019
21	Hasna Hassan Mahmoud Hassan	Effect of instructional guideline about woman rights in reproductive health on enhancing nursing students' knowledge and misconception	18/3/2015	29/10/2017

Scientific Conferences

- Participation as chairperson on the sidelines of the 11th Annual Scientific Conference of the Faculty of Nursing, Capital University, entitled “Human-Centered Care in a Digital World: The Role of Nursing in Advancing Global Health,” Capital University, April 29, 2026.
- Participation as chairperson at the 2nd International and 9th National Annual Scientific Conference of the Obstetrics and Gynecology Nursing Department, Faculty of Nursing, Benha University, in collaboration with the Faculty of Allied Health Sciences, Ahmadu Bello University, Nigeria, entitled “Evidence-Based Practice and Artificial Intelligence: Enhancing Innovation in Obstetrics and Gynecology Nursing,” held on April 21, 2026.
- Participation as coordinator at the 5th Annual Conference of Postgraduate Studies in Applied Sciences, Benha University, entitled “Serving a Smart, Healthy, and Sustainable Future,” held from May 5–6, 2026.
- Participation as chairperson in the 4th Annual Postgraduate Conference of Applied Sciences, Benha University, May 7, 2025.
- Participation as chairperson in the 8th Local and 1st International Scientific Conference of the Obstetrics and Gynecology Nursing Department, Faculty of Nursing, Benha University, titled “Advanced Strategies and Actions towards a Bright Future in Maternal and Newborn Health Nursing”, November 10, 2024.
- Participation as chairperson in the 7th Scientific Conference of the Obstetrics and Gynecology Nursing Department, Faculty of Nursing, Benha University, titled “Advanced Horizons in Maternal Health Nursing to Achieve Sustainable Development Goals”, November 26, 2023.

- Participation in the 10th International Conference entitled “The Nursing Profession and the Challenges of Global Climate Change: A Call to Action”, Faculty of Nursing, Helwan University, December 19–20, 2022.
- Participation as Session Chairperson in the 8th Annual and 5th International Scientific Conference entitled “Climate Changes and Challenges in Nursing: The Era of Artificial Intelligence”, Faculty of Nursing, Benha University, November 3, 2022.
- Participation in the 7th Scientific Conference entitled “New Horizons in Maternal Nursing Research and Practices”, Department of Maternal and Newborn Health Nursing, Helwan University, March 28, 2022.
- Participation in the 4th Virtual Scientific Conference entitled “Challenges of Virtual Nursing Education and Future Opportunities”, Faculty of Nursing, Sohag University, July 27, 2021.
- Participation in the 1st and 2nd International Scientific Conference entitled “Innovations in Obstetrics and Gynecology Nursing”, Zagazig University, June 1, 2021.
- Participation in the 6th Virtual International Conference, College of Nursing, University of Kufa in collaboration with Faculty of Nursing, Mansoura University, May 18, 2021.
- Participation in the 4th Virtual International Conference on Health Care and Allied Sciences entitled “Good Health and Well-being: Ensuring Healthy Lives and Promoting Well-being for All at All Ages”, Lincoln University College in collaboration with Visayas State University, April 3–4, 2021.
- Participation in the 2nd Scientific Conference on Maternity, Obstetrics and Gynecology Nursing entitled “New Horizons towards Maternity and Childbirth Nursing”, Faculty of Nursing, Port Said University, April 1, 2021.
- Participation with a presentation entitled “The Path of Scientific Research for the COVID-19 Pandemic” at the 7th International Conference on Nursing, Faculty of Nursing, Mansoura University, February 24, 2021.
- Participation as Organizer in the 7th Annual and 4th International Scientific Conference entitled “Future View of Nursing Innovation with Sustainable Development”, Faculty of Nursing, Benha University, December 21, 2020.

- Participation in the 26th Annual Virtual International Conference entitled “New Trends and Developments in Women’s Reproductive Health”, November 26–27, 2020.
- Participation in the 7th International and 1st Virtual Scientific Conference entitled “Capacity Development for Nursing Research and Practice”, Faculty of Nursing, Menoufia University, November 16–17, 2020.
- Participation in the Virtual Training Conference entitled “Improving Research Skills for Students and Young Researchers”, Medical Sciences Research Support Foundation, October 9–10, 2020.
- Participation in the 1st Multidisciplinary Virtual International Conference entitled “Maintaining a Safe Life during the Pandemic”, Biological Sciences Research Support Foundation, September 24–27, 2020.
- Participation in the Virtual International Conference entitled “Critical Care Nursing Management for the COVID-19 Pandemic”, Continuing Nursing Excellence Center, Bangalore, India, September 7, 2020.
- Participation in the Virtual International Conference entitled “Professional Publishing in Nursing”, Continuing Nursing Excellence Center, Bangalore, India, August 10, 2020.
- Participation with a scientific lecture entitled “Virtual Reality in Nursing Education” at the 13th Annual and 2nd International Conference entitled “New Horizons in Nursing Care”, Faculty of Nursing, Zagazig University, March 9–10, 2020.
- Participation in MedHealth 2020, 22nd Federation of Hospitals Conference, Cairo, Egypt, February 26, 2020.
- Participation in the 3rd Annual and 1st International Scientific Conference entitled “New Horizons in Obstetrics and Gynecology Nursing and Women’s Health”, Faculty of Nursing, Zagazig University in collaboration with Professor Harcourt University, Nigeria, and Misr University for Science and Technology, December 3, 2019.
- Participation with presentations entitled “Education in Obstetric Nursing: Approaches between Theory and Practice” and “The Integrative Relationship between Theoretical and Practical Skills for Maternal and Neonatal Health

- Care” at the 6th Scientific Conference entitled “The Development of Nursing Based on Modern Scientific Evidence”, Helwan University, November 25, 2019.
- Participation as chairperson in the 6th Annual and 3rd International Scientific Conference entitled “Voice of Nursing: International Standards and Competencies”, Faculty of Nursing, Benha University, July 31, 2019.
 - Participation with a research presentation entitled “An Evaluation Study of the Impact and Returns of Training in the Field of Strategic Planning” at the International Conference for the Development of Higher Education in Light of Global Changes and Standards, Benha University, January 22–23, 2019.
 - Participation in the 21st Annual Conference on Hepatology, Gastroenterology, and Infectious Diseases, organized by the Egyptian Society of Hepatology, Gastroenterology and Infectious Diseases, December 13, 2018.
 - Participation with a lecture entitled “Using Technology to Enhance Patient Safety” at the 7th International Conference, Department of Adult Health Nursing, Helwan University, December 11, 2018.
 - Participation with a presentation entitled “Cervical Cancer Screening Using Pap Test” at the 5th Scientific Conference entitled “Bridging the Gap between Research and Practice in Maternal Health Services”, Helwan University, November 26, 2018.
 - Participation in the 1st Quality Conference, Faculty of Medicine, Benha University, October 1–3, 2018.
 - Participation as Session Chairperson, Organizer, and Poster Presenter in the 5th Annual and 2nd International Scientific Conference entitled “New Developments in Nursing Science and Practice: Nursing Vision 2030”, Faculty of Nursing, Benha University, July 17, 2018.
 - Participation in the 2nd International Scientific Conference entitled “Creative Training: Realistic Visions and Future Ambitions”, Center for Faculty and Leadership Development, Benha University, March 15, 2018.
 - Participation with a scientific poster entitled “The Impact of an Educational Program on the Quality of Nursing Care Provided in the Management of

- Postpartum Hemorrhage” at the 2nd Regional Diabetes Conference, Saudi Commission for Health Specialties, January 8–10, 2018.
- Participation as Speaker in the 6th International Conference entitled “Health, Mobile Phones and Universal Use in Nursing”, Department of Adult Health Nursing, Helwan University, November 28, 2017.
 - Participation as Session Chairperson and Member of the Quality and Documentation Committee in the 4th Annual and 1st International Scientific Conference entitled “Nursing in Generation (Y): Challenges and Opportunities”, Faculty of Nursing, Benha University, July 19, 2017.
 - Participation as Speaker in the 1st Annual Infection Control Conference entitled “Nursing between Reality Challenges and Future Aspirations”, Benha Fever Hospital in collaboration with Faculty of Nursing, Benha University, May 25, 2017.
 - Participation with a poster entitled “Emotional Intelligence and Clinical Competencies of Maternity Nursing Students” at the 9th International Scientific Conference on Nursing entitled “Paving the Way for Progressive Thinking for the Nursing Profession”, Faculty of Nursing, Helwan University, April 23–24, 2017.
 - Participation with a poster at the 2nd International Scientific Conference entitled “The Role of Nursing in Governance and Improving Global Health”, Faculty of Nursing, Beni Suef University, May 7, 2017.
 - Participation as Coordinator and Presenter at the 21st Arab Conference on Diabetes with a research presentation entitled “Perception and Attitudes of Women with Diabetes Regarding Pre-Conception Care and Risks to Mother and Fetus”, March 21–24, 2017.
 - Participation in the 15th Annual International Conference of the Egyptian Society for the Study of Liver and Gastrointestinal Diseases entitled “Multidisciplinary Practice of Liver and Digestive Diseases in 2017 and Beyond”, March 15–16, 2017.
 - Participation in the International Scientific Conference entitled “Developing the Training System and Ensuring the Quality of Professional Development

- and Institutional Work”, Center for Faculty and Leadership Development, Benha University, March 9, 2017.
- Participation with presentations entitled “Sexual Weakness in Women Undergoing Fertility Treatment” and “Healthy Obstetric Practices” at the 3rd Annual Conference entitled “Mother’s Health Needs”, Faculty of Nursing, Beni Suef University, February 28, 2017.
 - Participation in the 1st Forum for Educational Development entitled “Towards Better Education”, Benha University, February 2017.
 - Participation in the 19th Annual Conference of Hepatology, Gastroenterology and Fever, organized by the Egyptian Society of Hepatology, Gastroenterology and Fever, January 26, 2017.
 - Participation with a presentation entitled “Body Image and Impotence for Women with Breast Cancer” at the 9th International Conference on Breast Cancer, Gynecology, and Immunology, January 19–20, 2017.
 - Participation in the Conference entitled “Bridging the Gaps in Oncology”, National Cancer Institute, Cairo University in collaboration with Michigan State University and Karmanos Cancer Institute, November 9–11, 2016.
 - Participation in the Scientific Conference entitled “Towards Building a Strategy to Transform the Student into a Researcher”, Benha University, November 8, 2016.
 - Participation with a presentation entitled “Reproductive Health in Women with Diabetes” at the 1st International Conference on Nursing, Faculty of Nursing, Beni Suef University, April 26, 2016.

Workshops and Scientific Seminars:

- Attended a Scientific Webinar entitled “Digital Transformation and Quality Assurance Procedures in Higher Education Institutions”, Naseej Academy, July 2, 2025.
- Attended the Academic Advising and Psychosocial Support Course, Faculty and Leadership Development Center, Benha University, Egypt, October 21–23, 2024.

- Completed the Question Bank Development Course, Measurement and Evaluation Center, Higher Education Development Projects Management Unit, Egypt, September 25–26, 2024.
- Completed AI Skills in Research and Analysis (6 hours), Efad Scientific Platform, September 10, 2024.
- Completed Statistical Analysis Using SPSS (6 hours), Efad Scientific Platform, September 3, 2024.
- Attended the Artificial Intelligence Applications in Scientific Research Course (15 hours), IFAD Scientific Platform (Online), August 31, 2024.
- Attended the Self-Assessment of Educational Programs Course, National Authority for Quality Assurance and Accreditation of Education (NAQAAE), Egypt, May 7–9, 2024.
- Attended the Webinar entitled “ChatGPT: Reshaping Information Institutions in the Age of AI”, Naseej Academy, June 21, 2023.
- Completed SPSS Skills Training (3 hours), Efad Scientific Platform in collaboration with Libyan International Universities, June 15, 2023.
- Attended the Modern Methods in Measurement and Evaluation Course, Measurement and Evaluation Center, Benha University, Egypt, April 30, 2023.
- Participated in the Scientific Lecture entitled “Determinants of the Use of Artificial Intelligence (ChatGPT) in Scientific Research and Academic and Educational Work”, Dispatch Platform (Online), February 8, 2023.
- Participated in the Scientific Lecture entitled “Precautions for Using Artificial Intelligence in Scientific Writing and Academic Work”, Dispatch Platform (Online), February 12, 2023.
- Attended the Webinar entitled “Exam Blueprint: Generating Automatic Exams with Multiple Test Forms”, Qorrect, March 8, 2022.
- Participated in the Scientific Lecture entitled “Writing and Publishing Scientific Articles in the Scopus Database”, Dispatch Platform (Online), July 12, 2022.

- Participated in the Scientific Lecture entitled “Methodologies of Employing Previous Studies in Scientific Research”, Dispatch Platform (Online), May 15, 2022.
- Attended the External Reviewer Qualification Course for Academic Programs According to Arab Universities Union Standards (4th Edition 2022), Quality Assurance Unit, Sadat City University, Egypt, July 18, 2022.
- Attended the Statistical Data Analysis Course (27 hours), IFAD Platform, Turkey (Online), October 1–7, 2021.
- Attended the Total Quality Management Course (24 hours), IFAD Platform, Turkey (Online), September 27 – October 3, 2021.
- Attended the Scientific Research Preparation Course (24 hours), IFAD Platform, Turkey (Online), September 15–25, 2021.
- Attended the International Scientific Publishing Course (24 hours), IFAD Platform, Turkey (Online), August 15–22, 2021.
- Participated in the Scientific Lecture entitled “Introduction to Statistical Analysis Using SPSS”, IFAD Platform (Online), September 30, 2021.
- Participated in the Scientific Lecture entitled “Analytical Thinking in Scientific Research”, IFAD Platform (Online), September 16, 2021.
- Participated in the Scientific Lecture entitled “Digital Tools for the Scientific Researcher”, IFAD Platform (Online), September 9, 2021.
- Participated in the Scientific Lecture entitled “Communication Skills and Scientific Research”, IFAD Platform (Online), September 3, 2021.
- Participated in the Scientific Lecture entitled “Scientific Methodologies Between Tradition and Innovation: Statistics as a Model”, IFAD Platform (Online), August 10, 2021.
- Participated in the Scientific Lecture entitled “References and Sources in Scientific Research Between Employment and Documentation”, EAD Platform (Online), August 3, 2021.
- Participated in the Scientific Lecture entitled “Building a Scientific Research Plan”, IFAD Platform (Online), August 1, 2021.
- Participated in the Scientific Lecture entitled “Writing Skills and Research Editing”, IFAD Platform (Online), July 16, 2021.

- Participated in the Scientific Lecture entitled “Research Footprint: Concept and Application”, IFAD Platform (Online), July 6, 2021.
- Participated in the Training Workshop entitled “Techniques for Preparing Scientific Research for Publication”, IFAD Platform (Online), June 28, 2021.
- Participated in the Workshop entitled “Number Your Research Identity”, Scientific Research Development Unit, Tanta University (Online), June 16, 2021.
- Participated in the Scientific Lecture entitled “Quality of Education and Scientific Research”, IFAD Platform (Online), June 11, 2021.
- Participated in the Scientific Workshop entitled “Quality of Administrative Performance”, IFAD Platform (Online), May 30, 2021.
- Participated in the Training Workshop entitled “Reviewing Previous Literature in Scientific Research Using ATLAS.ti”, Online, May 15, 2021.
- Participated in the International Scientific Symposium entitled “Developing Scientific Publishing in the Arab World: Suggested Realistic Solutions”, IFAD Platform (Online), May 6, 2021.
- Participated in the Scientific Lecture entitled “Application of Augmented and Virtual Reality in Education”, IFAD Platform (Online), April 28, 2021.
- Participated in the Scientific Lecture entitled “Digital Transformation Techniques in the Age of Corona”, IFAD Platform (Online), April 13, 2021.
- Participated in the Scientific Webinar entitled “Strategies for Scientific Publishing in International Journals”, IFAD Platform (Online), March 13, 2021.
- Participated in the Scientific Webinar entitled “Applied Statistics in Human Sciences Using SPSS”, Research Support Center, Helwan University (Online), February 27, 2021.
- Participated in the Scientific Lecture entitled “Techniques of Writing a Scientific Biography for Researchers and Academics”, EAD Platform (Online), February 18, 2021.
- Participated in the Scientific Webinar entitled “Professional Peer Review”, National Research Center, Cairo, Egypt (Online), February 4, 2021.

- Participated in the Scientific Webinar entitled “The Structure of the Scientific Logical Manuscript”, Research Support Center, Helwan University (Online), January 9, 2021.
- Attended the Question Banks and Electronic Exams Course, Faculty and Leadership Development Center, Benha University, Egypt, December 2–3, 2020.
- Participated in the Scientific Webinar entitled “Creativity and Scientific Research”, IFAD Platform (Online), December 4, 2020.
- Participated in the Scientific Webinar entitled “Enhance Your Research with the Ambassador: Discover Research Metrics on Scopus”, National Research Center, Cairo, Egypt (Online), November 26, 2020.
- Participated in the Scientific Webinar entitled “Enhance Your Research with the Ambassador: Choosing a Journal for Publication and Open Access Models”, National Research Center, Cairo, Egypt (Online), November 5, 2020.
- Attended the University Examinations and Digital Question Banks Workshop, DAAD Kairo Akademie (Online), October 19, 2020.
- Attended the Self-Assessment for Higher Education Institutions Course, National Authority for Quality Assurance and Accreditation of Education (NAQAAE), Egypt, October 12–14, 2020.
- Participated in the Symposium entitled “Meta-Analysis: Basic Concepts”, Research Support Center, Helwan University (Online), September 14, 2020.
- Attended the Measurement and Evaluation Methods and Medical Question Item Design Workshop, Measurement and Evaluation Center in cooperation with the Supreme Council of Universities (Online), September 9–10, 2020.
- Participated in the Online Workshop entitled “Basics of Biomedical Statistics”, Research Support Center, Helwan University, July 27, 2020.
- Attended the External Review for Higher Education Institutions Course, National Authority for Quality Assurance and Accreditation of Education (NAQAAE), Egypt, February 17–19, 2020.

- Participated in the Workshop entitled “The Harmonization of Outputs with the Requirements of the Labor Market”, Faculty of Engineering, Benha University, Egypt, December 27, 2019.
- Participated in the Workshop entitled “External Audit: Skills and Secrets”, National Authority for Quality Assurance and Accreditation of Education (NAQAAE), Egypt, June 11, 2019.
- Participated in the Workshop entitled “Capacity Building for Research Ethics”, Faculty of Medicine, Benha University, Egypt, April 21, 2019.
- Participated in the Workshop entitled “Development Labs Between Theory and Application”, Central Unit for Strategic Planning, Benha University, Egypt, December 26, 2018.
- Participated in the Scopus Workshop, December 25, 2018.
- Attended the Leadership and Governance Standards for Institutional Accreditation Course, Faculty and Leadership Development Center, Benha University, Egypt, September 24–25, 2018.
- Attended the Preparing Program and Course Reports and Improvement Plans Course, Faculty and Leadership Development Center, Benha University, Egypt, September 12–13, 2018.
- Participated as Coordinator in the Workshop entitled “Preparation of the Annual Report According to the Third Edition 2015”, Benha University, Egypt, September 2, 2018.
- Participated as Coordinator in the Workshop entitled “New Strategies in Higher Education”, Benha University, Egypt, May 29, 2018.
- Participated as Coordinator in the Workshop entitled “Training to Update Faculty Site Data”, Benha University, Egypt, May 6, 2018.
- Participated as Coordinator in the Workshop entitled “Statistical Analysis”, Benha University, Egypt, April 10, 2018.
- Attended the Academic Advising and Implementation Requirements (TOT) Course, Faculty and Leadership Development Center, Benha University, Egypt, April 23, 2018.
- Participated as Organizer in the Workshop entitled “Extracting the Scientific Paper from the Thesis”, Benha University, Egypt, September 10, 2017.

- Participated in the Workshop entitled “How to Address the Problems of Scientific Plagiarism”, Benha University, Egypt, April 25, 2017.
- Participated as Coordinator in the Workshop entitled “How to Address the Problems of Scientific Plagiarism”, Benha University, Egypt, April 5, 2017.
- Participated in the Workshop entitled “Legal Aspects of Faculty Members”, Benha University, Egypt, March 6, 2017.
- Participated in the Workshop entitled “Updating Faculty Members’ CVs and University Website Profiles”, Benha University, Egypt, February 26, 2017.
- Participated as Coordinator in the Workshop entitled “Egyptian Knowledge Bank”, Benha University, Egypt, November 27, 2016.
- Participated as Coordinator in the Workshop entitled “Plagiarism and How to Treat It”, Benha University, Egypt, November 20, 2016.
- Attended the Measurement and Evaluation Systems Course, Faculty and Leadership Development Center, Benha University, Egypt, October 12, 2016.
- Attended the Springboard Self-Development Program for Women, British Council, Egypt, April 2015.
- Attended the Program Specification and Course Mapping Course, Faculty and Leadership Development Center, Benha University, Egypt, February 11–12, 2015.
- Attended the External Review Course, Faculty and Leadership Development Center, Benha University, Egypt, February 7–8, 2015.
- Attended the Program Specification and Curriculum Mapping Course, National Authority for Quality Assurance and Accreditation of Education (NAQAAE), Egypt, October 7–8, 2013.
- Attended the Self-Evaluation and External Review Course (15 training hours), Faculty and Leadership Development Center, Benha University, Egypt, August 28–30, 2012.
- Attended the Introductory Course for External Reviewers of Pre-University Education Institutions, National Authority for Quality Assurance and Accreditation of Education (NAQAAE), Egypt, March 26–29, 2012.

Training Courses

- Completed a Training Course entitled “Designing Electronic Exams Using Artificial Intelligence Tools”, Measurement and Evaluation Center, Higher Education Development Projects Unit, Egypt, March 2, 2026.
- Completed the Expanded Integrated WHO/UNICEF BFHI & IYCF Training of Trainers (TOT) Counseling Course (60 hours), Benha University in collaboration with UNICEF and MCFC, Egypt, September 14 – October 5, 2025.
- Completed the Baby-Friendly Hospital Initiative (BFHI) Training Course (40 hours), conducted by Lactation Experts from MCFC and Universities, Egypt, April 5 – May 30, 2025.
- Completed a Training Diploma in Statistical Data Analysis (27 training hours), IFAD Platform – Wining Strategic Group, Turkey (Online), October 1–7, 2021.
- Completed a Training Diploma in Total Quality Management (24 training hours), IFAD Platform – Wining Strategic Group, Turkey (Online), September 27 – October 3, 2021.
- Completed a Training Diploma in Scientific Research Preparation (24 training hours), IFAD Platform – Wining Strategic Group, Turkey (Online), September 15–25, 2021.
- Completed a Training Diploma in International Scientific Publishing (24 training hours), IFAD Platform – Wining Strategic Group, Turkey (Online), August 15–22, 2021.
- Completed the Training Course entitled “Preparing Test Items for the Medical Sector” within the National Electronic Testing System Plan, Measurement and Evaluation Center, Higher Education Development Projects Management Unit (Online), Egypt, May 9, 2021.
- Attended the Training Course entitled “Scientific Research Tools, Techniques, and Journal Databases”, Yemeni Forum for Scientific Research and Sustainable Development in collaboration with the Yemeni Embassy (Online), April 23, 2021.

- Attended the Training Course entitled “Future Foresight for Entrepreneurship and Job Opportunities”, TICO Office, Benha University (Online), February 13–15, 2021.
- Attended the Training Course entitled “University Examinations and Digital Question Banks”, DAAD Kairo Akademie (Online), October 19, 2020.
- Completed the Training Course entitled “Methods of Measurement and Evaluation and Preparation of Test Items for the Health Sector”, Measurement and Evaluation Center in collaboration with the Supreme Council of Universities (Online), Egypt, September 9–10, 2020.
- Completed the Training Course entitled “Preparing Test Items for Health Sector Faculties”, Benha University, Egypt, July 13–14, 2019.
- Participated as a Coordinator in the Training Course entitled “Mechanisms for Applying Development Labs in Following Up Strategic Plans Implementation for University Faculties”, Central Unit for Strategic Planning, Faculty of Computers and Information, Benha University, Egypt, October 25, 2018.
- Attended the Training Course entitled “KPI Performance Assessment for Quality Systems in Higher Education Institutions”, Quality Assurance and Accreditation Center, Benha University, Egypt, September 26, 2018.
- Attended the Training Course entitled “Leadership and Governance as an Accreditation Standard for Higher Education Institutions”, Quality Assurance and Accreditation Center, Benha University, Egypt, September 24–25, 2018.
- Attended the Training Course entitled “Skills for Preparing Program Reports, Course Reports, and Improvement Plans”, Quality Assurance and Accreditation Center, Benha University, Egypt, September 12–13, 2018.
- Attended the Training Course entitled “Updating Teaching and Learning Strategies According to Accreditation Standards”, Quality Assurance and Accreditation Center, Benha University, Egypt, September 10, 2018.
- Attended the Training Course entitled “The Role of University Students toward Quality Assurance and Accreditation”, Quality Assurance and Accreditation Center, Benha University, Egypt, April 26, 2018.

- Attended the Training Course entitled “Academic Advising: Requirements and Implementation (TOT)”, Quality Assurance and Accreditation Center, Benha University, Egypt, April 23, 2018.
- Attended the Training Course entitled “Types and Concepts of Quality Assurance and Accreditation in Faculties (TOT)”, Quality Assurance and Accreditation Center, Benha University, Egypt, April 19, 2018.
- Attended the Training Course entitled “Academic Standards and Description of Educational Programs and Courses”, Quality Assurance and Accreditation Center, Benha University, Egypt, April 16, 2018.
- Attended the Training Course entitled “Mechanisms for Evaluating and Improving Strategic Plans Achievement in University Faculties”, Faculty of Nursing, Benha University, Egypt, April 4, 2018.
- Participated in the Joint Medical and Nursing Cooperative Workshops between UNICEF and the World Health Organization (WHO) on integrating breastfeeding medicine updates into educational curricula, Faculty of Medicine, Benha University, Egypt, May 22–24, 2017.
- Attended the Training Course entitled “Measurement and Evaluation Systems and Mechanisms”, Measurement and Evaluation Center, Benha University, Egypt, October 12, 2016.
- Participated as a Lecturer in Training Programs organized by the Nursing Syndicate in Qalyubia to enhance the competencies of nursing staff in the governorate.
- Completed the “Springboard for Women’s Self-Development” Program, British Council, April 2015.
- Completed the Training Course entitled “Program Specifications and Curriculum Mapping”, Quality Assurance and Accreditation Center, Benha University, Egypt, February 11–12, 2015.
- Completed the Training Course entitled “External Audit”, Quality Assurance and Accreditation Center, Benha University, Egypt, February 7–8, 2015.
- Completed the Training Course entitled “Strategic Planning”, Quality Assurance and Accreditation Center, Benha University, Egypt, January 31 – February 1, 2015.

- Attended the Training Course entitled “Program Specifications and Curriculum Mapping – Higher Education”, National Authority for Quality Assurance and Accreditation of Education, Egypt, October 7–8, 2013.
- Completed the Training Program entitled “Self-Assessment and External Review” (15 training hours), Faculty and Leadership Development Center, Benha University, Egypt, August 28–30, 2012.
- Attended the Training Course entitled “Introductory Course for External Reviewers of Pre-University Education Institutions”, National Authority for Quality Assurance and Accreditation of Education, Egypt, March 26–29, 2012.
- Participated as a Trainer in Professional Development Programs at the Faculty and Leadership Development Center, Benha University, including: Self-Assessment and External Audit, Total Quality Management, Quality Standards in the Teaching Process, and Ethics of Scientific Research.

Scientific Days

- Participation as organizer and lecturer in the fifth scientific day entitled "Evidence-Based Practice in Obstetric Emergencies" of the Obstetrics and Gynecology Nursing Department, Benha University, on October 30, 2019.
- Participation as the head of a scientific session on the fourth scientific day entitled "Advanced Technology in Maternal Nursing" of the Department of Obstetrics and Gynecology Nursing at Benha University, on February 25, 2019.
- Participation as a speaker entitled "Sexual problems for women with breast cancer" on the fourth scientific day entitled "Advanced Technology in Maternity Nursing" for the Department of Obstetrics and Gynecology Nursing at Benha University, on February 25, 2019.
- Participation as the head of a scientific session in the scientific day entitled "Modern in Pediatric Nursing" for the Department of Pediatric Nursing, Faculty of Nursing - Benha University, on April 17, 2018.
- Participation as a coordinator in the third scientific day entitled "Modern Trends in Women's Health Nursing" for the Department of Obstetrics and

- Gynecology Nursing, Faculty of Nursing - Benha University 27, on November 27, 2017.
- Participation as a speaker in the third scientific day entitled "Modern Trends in Women's Health Nursing" for the Department of Obstetrics and Gynecology Nursing, Faculty of Nursing - Benha University, on November 27, 2017.
 - Participation as the head of a scientific session in the second scientific day entitled "Women's Health towards a Better Life" for the Department of Obstetrics and Gynecology Nursing, Faculty of Nursing - Benha University, on April 24, 2017.
 - Participation as a coordinator in the second scientific day entitled "Women's Health towards a Better Life" for the Department of Obstetrics and Gynecology Nursing, Faculty of Nursing - Benha University, on April 24, 2017.
 - Participation as a speaker in the second scientific day entitled "Women's Health towards a Better Life" for the Department of Obstetrics and Gynecology Nursing, Faculty of Nursing - Benha University, on April 24, 2017.

Quality Activities

- Internal reviewer of project for the development of scientific and oral examination assessment systems, Faculty of Nursing, Benha University, August 2022 – May 2025.
- Trainer at the center for faculty and leadership development, Benha university since 2020 until now.
- Design and implementation of theoretical and practical course plans in accordance with quality and academic accreditation standards.
- Academic and clinical supervision of student training in university and teaching hospitals within the departments of Obstetrics and Gynecology.
- Participation in the preparation and updating of program and course specifications according to the standards of the National Authority for Quality Assurance and Accreditation (NAQAAE).

- Work in examination control committees for: the Bachelor's stage (second year), postgraduate studies (PhD), and intensive programs.
- Member of the technical support unit at the quality assurance and accreditation center Benha University, and has participated in technical support visits to university faculties since 2016 until now.
- Participation in the training course entitled "Self-evaluation of colleges and institutes of higher education" by the National Authority for Quality Assurance and Accreditation of Education, from 12-14 October 2020.
- Participation in the training course entitled "External Review of Colleges and Institutes of Higher Education" by the National Authority for Quality Assurance and Accreditation of Education, from February 17-19, 2020.
- Participation in the updating of the teaching, learning and assessment strategy for the Faculty of Nursing, Benha University 2020/2021.
- Participation as a reference for the control guide for the Faculty of Nursing, Benha University for the academic year 2020/2021.
- Participation in the course description of the methods and rules of education for master's students (first part) of the Faculty of Nursing, Benha University, for the academic year 2020/2021.
- Participation in the competency-based faculty program specification team for the Faculty of Nursing, Benha University, for the academic year 2020/2021.
- Participation as an internal auditor for the undergraduate program of the Faculty of Nursing, Benha University for the academic year 2019/2020-2021.
- Participation in the preparation of the hybrid education file for accreditation 2019/2020.
- Participating in writing and reviewing a self-study for the institutional accreditation of the Faculty of Nursing at Benha University for the academic year 2019/2020.
- Participation as a member of the team working on the gap between the college program based on the targeted educational outcomes and the competency-based college program of the College of Nursing, Benha University for the academic year 2019/2020.

- Participation in a symposium on Academic Reference Standards, second edition, April 2017, and educational programs at the Faculty of Nursing, Benha University, on September 24, 2019.
- Participation in the training course entitled "Strategic Planning for Colleges and Institutes of Higher Education" by the National Authority for Quality Assurance and Accreditation of Education, from 25-26 June 2019.
- Active participation in the activities of the Sixth International Conference "Ensuring Quality of Education: Between International Planning and Regional Implementation" in Cairo - Arab Republic of Egypt, from June 12-13, 2019.
- Active participation in the eighth meeting of the National Authority for Quality Assurance and Accreditation of Education with the directors of quality assurance centers in Egyptian universities under the title "Strategic Partnership and Unity of Objective", which was held at Tanta University on Monday, April 15, 2019.
- Participation as a member of the follow-up committee for the implementation of the activities of the executive plan of the Benha University strategy during the period 11-13 February 2019.
- Participation in the description of the maternal and newborn care services course in the master's program Obstetrics and Gynecology Nursing of the Faculty of Nursing, Benha University for the academic year 2019/2020 - 2020/2021.
- Participation as a member of the Academic Standards Committee, Educational Programs and Courses for the academic year 2019/2020 so far.
- Participation as a member of the review team for the postgraduate list of credit hours for the academic year 2019-2020.
- Participation in preparing the teaching, learning and assessment strategy for the Faculty of Nursing, Benha University for the academic year 2019/2020.
- Member of the Board of Directors of the Public Service Center for Continuing Education (a unit of a special) at the Faculty of Nursing, Benha University, since the academic year 2019/2020 until now.

- Participation as an internal auditor to describe the field training program for the Faculty of Nursing, Benha University for the academic year 2018/2019-2019/2020-2020/2021.
- Participation as references to the training plan for the Faculty of Nursing, Benha University 2018/2019.
- Participation in the preparation and design of the quality assurance unit guide at the Faculty of Nursing - Benha University for the academic year 2018-2019.
- Participation as a member of the questionnaires committee at the Faculty of Nursing - Benha University for the academic year 2018-2019.
- Chairman of the Committee for the Review of Academic Standards, Educational Programs and Courses at the College of Nursing for the academic year 2018-2019.
- Participation as a lecturer in an awareness symposium entitled "Spreading a culture of quality" for students of the Faculty of Nursing at Benha University, on Wednesday, December 5, 2018.
- Participation as a member of the follow-up committee for the implementation of the activities of the executive plan for the strategy of Benha University during the period 24-27 June 2018.
- Active participation in the sixth meeting of the directors of the Quality Assurance Center in Egyptian universities, which was organized by the National Authority for Quality Assurance of Education and Accreditation for the Exchange of Experiences: “Strategic Partnership and Unity of Objective” under the title: “Entrepreneurship and Employment Skills” at Pharos University on Wednesday, May 2, 2018.
- Active participation in the meeting of the auditors at the Quality Assurance Center on Wednesday, December 6, 2017.
- Active participation in organizing the fifth meeting of the directors of quality assurance and accreditation centers in Egyptian universities, which was organized by the National Authority for Quality Assurance and Accreditation for Education and Accreditation to exchange experiences: “Strategic Partnership and Unity of Objective” under the title “The Impact of

Accreditation in Higher Education Institutions” at Benha University on Monday, November 27, 2017.

- Participation as an internal auditor for the Strategic Planning Unit at the Faculty of Nursing, Benha University for the academic year 2017-2018 until now.
- Participation as a member of the Accreditation File and Standards Committee for the academic year 2017/2018 until now.
- Participation as a member of the team preparing and managing the strategic plan 2017-2022 for the Faculty of Nursing, Benha University, from 2017 until now.
- Participation as a member of the team to update the vision, mission and strategic objectives of the College of Nursing for the academic year 2017/2018.
- Participation in supervising the preparation of a study on the suitability of the undergraduate educational program to the requirements of the labor market for the Faculty of Nursing, Benha University for the academic year 2017/2018-2018/2019/2019/2020.
- Participation in updating the internal regulations for the bachelor's stage of the Faculty of Nursing, Benha University for the academic year 2017/2018.
- Participation in the training course entitled "Objectives and Importance of Strategic Planning in Higher Education Institutions", which was held at the Faculty of Human Medicine, Benha University on Wednesday, April 10, 2017.
- Participation as a member of the technical support team for the strategic planning of the university, since 2017 until now.
- Participation as a member of the Training Committee and the Committee for the Preparation and Study of Development Laboratories in the Central Unit for Strategic Planning at the university for the academic year 2017/2018 and 2018/2019.
- Participation and as a member of the Central Unit for Strategic Planning and as the Coordinator of the Central Unit for Strategic Planning at the Quality Assurance Center from 2017 to 2019.

- Participation as a member of the Internal Audit Committee at the College of Nursing since the academic year 2017/2018 until now.
- Participation as an internal auditor for the standards according to the guide to accreditation of colleges and institutes of higher education, third edition, July 2015 from the academic year 2017/2018 until now.
- Participation as a member of the Follow-up Committee of the Strategic Planning Unit, Faculty of Nursing, Benha University, since the academic year 2016-2017 until now.
- Participation in preparing the strategic plan and executive plan for Benha University 2016-2022, as well as the “second edition” 2017-2022.
- Participation as an internal reviewer for the description of the Master's Program in Obstetrics and Gynecology Nursing for the academic year 2016/2017.

Student Activities

- Participation as a member in the control ability tests for students enrolled in the College of Nursing and the Technical Institute of Nursing - Benha University for the academic year 2021/2022.
- Participation as the leader of the technical committee for the academic year 2019-2020 until now.
- Positive and effective participation in the activities of the first scientific student conference under the title "Students' vision of the quality of nursing performance within contemporary changes" at the Faculty of Nursing - Helwan University, which was held on Sunday, March 24, 2019.
- Participation as the head of a scientific session at the Fifth and Second Annual Conference for International Students under the title "Inviting Nursing Students to Achieve the Goal of Sustainable Development for Good Health and Well-being" at the Faculty of Nursing - Benha University, which was held on March 17, 2019.
- Participation as an organizer in the Fifth and Second Annual Conference for International Students “Inviting Nursing Students to Achieve the Sustainable Development Goal for Good Health and Well-being” held on Sunday, March 17, 2019.

- Participation as an organizer in the first international nursing camp under the title "Inviting Nursing Students to Achieve the Goal of Sustainable Development for Good Health and Well-being" which was held at the Faculty of Nursing - Benha University and held from 13-18 March 2019.
- Member of the Academic Support Committee, Faculty of Nursing, Benha University, for the academic year 2018-2019.
- Positive and effective participation in the ninth student conference under the title "Students' Skills and Abilities: Ways to Success" at the Faculty of Nursing, Cairo University, held on April 23, 2018.
- Participation as the head of a scientific session in the fourth and first international student conference under the title "Nursing Students as Pioneers in Community Development" at the Faculty of Nursing, Benha University, which was held on Sunday, April 15, 2018.
- Participation as an organizer in the fourth and first international student conference under the title "Nursing Students as Pioneers in Community Development" at the Faculty of Nursing, Benha University, which was held on Sunday, April 15, 2018.
- Positive and effective participation in the first week of competitions for the Al-Jawla clan, which was held under the slogan "Life is still on the move" at the Faculty of Nursing, Benha University, which was held from 1-7 November 2017.
- Participation as a lecturer in an awareness symposium entitled "The Student's Role in the Quality of University Education" at the Faculty of Nursing, Benha University, which was held on Tuesday, September 19, 2017.
- Participation as a supervisor of student elections at the Faculty of Nursing - Benha University for the academic year 2017/2018.
- Participation as an organizer in the celebration of the reception of new students at the beginning of the new academic year 2017/2018.
- Participation in the activities of the first research conference for international students under the title "Nursing and Global Changes: Students' Perspective", which was held on Wednesday, March 15, 2017.

- Positive and effective participation in the activities of the third scientific conference for undergraduate students at the Faculty of Nursing, Benha University, under the title "Towards developing the competencies of nursing students", which was held on Wednesday, March 8, 2017.
- Active participation in the activities of the third scientific student conference under the title "Modern Techniques in Nursing Sciences" at the Faculty of Nursing, Assiut University, which was held on Saturday, January 31, 2017.
- Participation in the activities of the second summit for students of nursing faculties in Egyptian universities under the slogan "Our country brings us together", which was held from January 29 to February 2, 2017.
- Active participation in holding personal interviews for admission tests for students enrolled in the College of Nursing and the Technical Institute of Nursing - Benha University for the academic year 2016/2017 until 2020/2021.
- Participation as an organizer in the admission tests for students enrolled in the College of Nursing and the Technical Institute of Nursing - Benha University for the academic year 2016/2017 until 2020/2021.
- A leader of the Roaming Committee for the 2016/2017 academic year.
- Participation as an organizing official in the activities of the Sports Day, which was held on October 25, 2016.

Community Activities

- General Coordinator for the Implementation of the Awareness Event on Breast Cancer "Your Awareness is a Trust" – in Conjunction with the Global Breast Cancer Awareness Month, October 22, 2023.
- General Coordinator for the Implementation of the Second Osteoporosis Awareness Event under the Slogan "Protect Your Bones", September 8, 2024.
- Participation as a lecturer in an awareness symposium entitled "Corona and Postpartum" in the outpatient clinics of Benha University Hospital, on Saturday, May 8, 2021.

- Participation in the implementation of an educational convoy on precautionary measures to prevent corona virus for students of physical education at Benha University, on October 25, 2020.
- Participation as a lecturer in an awareness symposium entitled "How to prevent the emerging corona virus, Covid 19" for students of the third year at the Faculty of Nursing, Benha University, on February 20, 2020.
- Participation as a lecturer in the training course entitled "Nursing Care Practice in the Delivery Room", which was held at the Technical Affairs Training Center in GOTHI, Cairo, from January 20-21, 2020.
- Participation as a lecturer in an awareness symposium entitled "How to prevent the emerging corona virus as Covid 19 for the administrative body" at the College of Nursing, on January 13, 2020.
- Participation as a lecturer in an awareness symposium entitled "Women's Urinary Incontinence" at the outpatient clinics of Benha University Hospital, on Tuesday, November 12, 2019.
- Participation as a coordinator and trainer in the training course entitled "Health Education for Pregnant Women about Gestational Diabetes", which was held at Benha University Hospital on 22-23 October 2019.
- Participation as a coordinator and trainer in the training course entitled "How to Breastfeed" which was held at Benha University Hospital on 15-16 September 2019.
- Participation in the activities of the integrated medical convoy from Benha University to Ezbet Kafr Fersis in Qalyubia Governorate, from July 1 to August 31, 2019.
- Participation in the regular general assembly of the Nursing Sub-Syndicate in Qalyubia on February 14, 2019.
- Participation as a lecturer in the training course entitled "Time Management" held in the Nursing Sub-Syndicate in Qalyubia on May 9, 2018.
- Participation as an organizer in the Family Day at the Faculty of Nursing, Benha University, on April 18, 2018.
- Participation in a symposium on "First Aid" at the Faculty of Science, Benha University, on Sunday, March 25, 2018.

- Participation in training courses as a lecturer for a course entitled "Patient Safety and Security" held at the Sub-Syndicate of the Faculty of Nursing in Qalyubia on February 13, 2018.
- Participation as a lecturer in the training course entitled "Nursing care before and after gynecological operations" held in the Qalyubia Sub-Syndicate on February 11, 2018.
- Participation as a lecturer in the implementation of the training course in the field of Nursing Training of Trainers "TOT", which was held in the Egyptian Training Hall in the Directorate of Health Affairs in Qalyubia on September 20, 2017.
- Active participation in the convoy of the city of Obour, on Tuesday, May 16, 2017.
- Participation as an organizer in the Family Day at the Faculty of Nursing, Benha University, on April 30, 2017.
- Participation in a workshop entitled "Occupational Safety and Health" held at the Crisis and Disaster Management Unit, Faculty of Nursing, Benha University, on Monday, December 26, 2016.
- Participation as a lecturer in the training course entitled "Patients' Security and Safety" at the Nursing Sub-Syndicate in Qalyubia, on December 10, 2016.
- Participation in the Seventh Annual Forum for Graduates 2015-2016.
- Active participation in specialized nursing training courses organized by the Nursing Syndicate in Qalyubia Governorate, with the participation of the Faculty of Nursing, Benha University

Courses Taught

Undergraduate courses:

- Obstetrics and gynecological nursing
- Reproductive health nursing
- Professional nursing ethics
- Communication skills in nursing
- Application of information technology in health care field
- Methods of research
- Principles of statistics
- Health assessment
- Health education

Postgraduate courses:

- Advanced obstetrics and gynecology nursing (I)
- Advanced obstetrics and gynecology nursing (II)
- New trends in obstetrics and gynecology nursing
- Seminars in obstetrics and gynecology nursing (General)
- Seminars in obstetrics and gynecology nursing (specialty)
- Evidence-based nursing in obstetrics and gynecology nursing
- Reproductive health and family planning
- Infection control in gynecological nursing
- Nursing informatics and its application in obstetrics and gynecology nursing
- Development of nursing services in obstetrics and gynecology nursing
- Psychological and social studies in obstetrics and gynecology nursing
- Research methods
- Biostatistics

Technical Skills

- Proficiency in Microsoft Word, PowerPoint, and Excel.
- Statistical data analysis using IBM SPSS Statistics.
- Experience with Learning Management Systems (LMS), including Microsoft Teams and Moodle.
- Management of academic email systems and electronic student management platforms.
- Scientific literature search using Google Scholar, Scopus, ScienceDirect, and PubMed.
- Online teaching and virtual meetings via Zoom, Microsoft Teams, and Google Meet.
- Utilization of modern educational technologies and digital presentation tools.
- Internet and digital information resources utilization.
- Communication and teamwork.
- Time management and organization.

Languages

- Arabic language (mother tongue)
- English language

References

References are available upon request.