

Achievements of the Vice Dean of the Faculty for Community Service and Environmental Development Affairs

Prof. Dr. Faten Shafik Mahmoud Nassar

*Professor of Pediatric Nursing and Vice Dean of the Faculty for Community Service and
Environmental Development Affairs*

**Activities of the Community Service and Environmental Development Sector at the
Faculty of Nursing, Benha University, for the academic year 2024/2025. The sector
comprises the following activities:**

1. Community Service and Environmental Development Unit, which includes:
 - : Workshops, seminars and training courses
 - : Educational (awareness) convoys
 - : Cooperation agreements and protocols
2. General Service Center for Training and Continuing Education
3. Occupational Health and Safety Unit
4. Sustainable Development and Climate Change Unit
5. Crisis and Disaster Management Unit

1. Community Service and Environmental Development Unit

1.1 Workshops, Seminars and Training Courses

1. **A seminar was held on "Importance of community participation" on 2/10/2024.**

Target group: First-year students

Location: Faculty of Nursing, Benha University

2. **A seminar was held on "Importance of community participation" on 3/10/2024.**

Target group: Faculty members and supporting staff

Location: Faculty of Nursing, Benha University

3. **A seminar was held on "Vaccinations for mothers" on 13/10/2024.**

Target group: Mothers attending the inpatient departments

Location: Benha Teaching Hospital

4. A seminar was held on "Ovarian cysts and methods of prevention" on 14/10/2024.

Target group: First-year students

Location: Faculty of Education / Benha University

5. A seminar was held on "Fibromyalgia (muscular weakness)" on 22/10/2024.

Target group: Patients attending Benha University Hospital

Location: Benha University Hospital

6. A seminar was held on "Prevention of osteoporosis" on 28/10/2024.

Target group: Women attending Benha University Hospital

Location: Benha University Hospital

7. A seminar was held on "Importance of healthy nutrition" on 28/10/2024.

Target group: Children and teachers

Location: Taha Hussein Nursery

8. A seminar was held on "Chickenpox" on 3/11/2024.

Target group: Mothers attending Benha University Hospital

Location: Benha University Hospital

9. A seminar was held on "Dental care and its relation to the prevention of various diseases" on 5/11/2024.

Target group: Children and teachers

Location: Imam Muhammad Abdu Nursery

10. A seminar was held on "How to prevent infection" on 6/11/2024.

Target group: Children and teachers

Location: Ibn Khaldun Nursery

11. A seminar was held on "Postpartum depression" on 11/11/2024.

Target group: Pregnant women attending Benha University Hospital

Location: Benha University Hospital

12.A seminar was held on "Vitamin D deficiency" on 12/11/2024.

Target group: Residents of the elderly care home

Location: Benha Elderly Care Home

13.A seminar was held on "Awareness of psychological resilience" on 20/11/2024.

Target group: Students of Anas ibn Malik School

Location: Anas ibn Malik School, Benha

14.A seminar was held on "Proper nutrition for pregnant women to prevent anemia" on 25/11/2024.

Target group: Pregnant women attending Benha University Hospital

Location: Benha University Hospital

15.A seminar was held on "Healthy lifestyle for patients with acid reflux (GERD)" on 27/10/2024.

Target group: Patients with GERD

Location: Benha University Hospital

16.A seminar was held on "Infection-control procedures" on 2/12/2024.

Target group: Nurses in the Obstetrics and Gynecology Department

Location: Benha University Hospital

17.A seminar was held on "Prevention of chronic complications of diabetes" on 8/12/2024.

Target group: Diabetic patients

Location: Benha University Hospital

18.A seminar was held on "Food poisoning in children" on 10/12/2024.

Target group: Children and mothers

Location: Benha Teaching Hospital

19.A seminar was held on "How to manage emotions" on 11/12/2024.

Target group: Nursing staff

Location: Benha Mental Health Hospital

20.A seminar was held on "Violence against women" on 16/12/2024.

Target group: First-year female students

Location: Technical Institute of Nursing

21.A seminar was held on "Sickle cell anemia" on 2/2/2025.

Target group: Mothers and children

Location: Benha University Hospital

22.A seminar was held on "Prevention of dialysis complications" on 11/2/2025.

Target group: Dialysis patients

Location: Benha University Hospital

23.A seminar was held on "Impact of climate change on pregnant women and the fetus" on 17/2/2025.

Target group: Pregnant women attending Benha University Hospital

Location: Benha University Hospital

24.A seminar was held on "Premenstrual syndrome" on 24/2/2025.

Target group: First-year female students

Location: Faculty of Physical Education / Benha University

25.A seminar was held on "Obesity and methods of prevention" on 2/3/2025.

Target group: Students of Kamal El-Din Hussein School

Location: Kamal El-Din Hussein School, Benha

26.A seminar was held on "Prevention of urinary-tract infections in children" on 4/3/2025.

Target group: Children and mothers

Location: Benha Teaching Hospital

27.A seminar was held on "Sustainable management" on 8/3/2025.

Target group: Nurses

Location: Benha University Hospital

28.A seminar was held on "Career planning" on 14/3/2025.

Target group: Nurses

Location: Benha University Hospital

29.A seminar was held on "Emotional intelligence" on 16/3/2025.

Target group: Nursing staff

Location: Benha Mental Health Hospital

30.A seminar was held on "Osteoporosis" on 18/3/2025.

Target group: Residents of the elderly care home

Location: Benha Elderly Care Home

31.A seminar was held on "Diabetic retinopathy and methods of prevention" on 18/3/2025.

Target group: Outpatient clinic attendees

Location: Benha Ophthalmology Hospital

32.A seminar was held on "Vitamin D deficiency and its complications" on 23/3/2025.

Target group: Students and staff

Location: Faculty of Nursing / Benha University

33.A seminar was held on "Climate change" on 25/3/2025.

Target group: Nursing staff and intern (Imtiaz) students

Location: Benha University Hospital

34.A seminar was held on "Climate change" on 28/3/2025.

Target group: Administrative staff

Location: Faculty of Nursing / Benha University

35.A seminar was held on "Climate change and its impact on chronic diseases" on 8/4/2025.

Target group: Outpatient clinic attendees

Location: Benha University Hospital

36.A seminar was held on "Plasmapheresis (plasma-separation procedure)" on 8/4/2025.

Target group: Nursing staff

Location: Benha University Hospital

37.A seminar was held on "Breast self-examination" on 13/4/2025.

Target group: Women attending the Maternal and Child Health Center

Location: Benha Maternal and Child Health Center

38.A seminar was held on "Ethics of the nursing profession" on 21/4/2025.

Target group: Nurses in the Obstetrics and Gynecology Department

Location: Benha University Hospital

39.A seminar was held on "How to relieve psychological stress" on 4/5/2025.

Target group: Nursing staff

Location: Benha Psychiatric and Mental Health Hospital

40.A seminar was held on "Neonatal incubator care" on 4/5/2025.

Target group: Nurses of the Premature Baby Unit

Location: Benha University Hospital

41.A seminar was held on "Risks of drug addiction" on 4/5/2025.

Target group: Students and staff

Location: Faculty of Nursing / Benha University

42.A seminar was held on "Urinary incontinence" on 5/5/2025.

Target group: Women of reproductive age

Location: Benha University Hospital

43.A seminar was held on "Self-management" on 11/5/2025.

Target group: Nursing staff

Location: Benha Psychiatric and Mental Health Hospital

44.A seminar was held on "Psychological fragility" on 25/5/2025.

Target group: Nursing staff

Location: Benha Psychiatric and Mental Health Hospital

45.A seminar was held on "Obstetric triage" on 16/6/2025.

Target group: Nurses in the Obstetrics and Gynecology Department

Location: Benha University Hospital

1.2 Educational (Awareness) Convoys

1. An educational convoy was carried out for Al-Ramla Youth Center, attended by a group of faculty members from the Obstetric and Gynecological Nursing Department and the Medical-Surgical Nursing Department. Health education was provided to young people on the prevention of pneumonia and the prevention of osteoporosis, on Sunday, 22/9/2024.
2. An educational convoy was carried out for Qalyub Youth Center, attended by a group of faculty members from the Faculty. Health education was provided to attendees on respiratory diseases and H. pylori (stomach bacteria), on Sunday, 29/9/2024.
3. An educational convoy was carried out for Kafr El-Gazzar Youth Center, attended by a group of faculty members from the Faculty. Health education was provided to attendees on dental care and the prevention of tooth decay, on Sunday, 13/10/2024.
4. An educational convoy was carried out for Mit El-Deraig Youth Center, Kafr Shukr, attended by a group of faculty members from the Community Health Nursing Department. Health education was provided to attendees on the prevention of breast cancer and breast self-examination, on Sunday, 20/10/2024.

5. An educational convoy was carried out for Arab Guhaina Youth Center, attended by a group of faculty members from the Obstetric and Gynecological Nursing Department. Health education was provided to attendees on the prevention of osteoporosis, on Sunday, 27/10/2024.
6. An educational convoy was carried out for the Al-Azhar Institute for Girls in Damlo village, attended by a group of faculty members from the Faculty. Health education was provided to the girls on healthy habits during the menstrual period, on Sunday, 3/11/2024.
7. An educational convoy was carried out for the Tarsa Institutes Complex for Girls, attended by a group of faculty members from the Faculty. Health education was provided to the girls on oral and dental diseases, on Sunday, 17/11/2024.
8. An educational convoy was carried out for Qalyub Girls' Institute, attended by a group of faculty members from the Faculty. Health education was provided to the girls on hay fever (allergic rhinitis), on Sunday, 25/11/2024.
9. An educational convoy was carried out for Benha Primary Institute, attended by a group of faculty members from the Faculty. Health education was provided to attendees on the prevention of respiratory diseases, on Sunday, 1/12/2024.
10. An educational convoy was carried out for the Al-Azhar Girls' Institute in Qalama village, Qalyub, attended by a group of faculty members from the Obstetric and Gynecological Nursing Department. Health education was provided to the girls on the prevention of ovarian cysts, on Sunday, 8/12/2024.

1.3 Cooperation Agreements and Protocols

New protocols signed:

1. A cooperation protocol was signed between the Faculty of Nursing and Benha Teaching Hospital.
2. A cooperation protocol was signed between the Faculty of Nursing and Al-Amal Wal-Hayah Hospital.
3. A cooperation protocol was signed between the Faculty of Nursing and Al-Salam International Hospital.

Renewed protocols:

4. The cooperation protocol between the Faculty of Nursing and Saudi German Hospital was renewed.
5. The cooperation protocol between the Faculty of Nursing and Aswan Heart Hospital was renewed.
6. The cooperation protocol between the Faculty of Nursing and Medical Center of Egyptian National Railways was renewed.
7. The cooperation protocol between the Faculty of Nursing and Al-Nozha International Hospital was renewed.
8. The cooperation protocol between the Faculty of Nursing and Benha Specialized Children's Hospital was renewed.
9. The cooperation protocol between the Faculty of Nursing and Al-Arabi Hospital was renewed.
10. The cooperation protocol between the Faculty of Nursing and Al-Nas Hospital was renewed.
11. The cooperation protocol between the Faculty of Nursing and National Research Institute of Endemic and Liver Diseases, Cairo was renewed.
12. The cooperation protocol between the Faculty of Nursing and Nursing Syndicate, Qalyubia Governorate was renewed.

13. The cooperation protocol between the Faculty of Nursing and Faculty of Computers and Artificial Intelligence was renewed.
14. The cooperation protocol between the Faculty of Nursing and Faculty of Education, Benha was renewed.
15. The cooperation protocol between the Faculty of Nursing and Faculty of Nursing, Zagazig University was renewed.

2. General Service Center for Training and Continuing Education

1. A workshop was held on "How to prepare PowerPoint presentations" in October 2024.

Target group: Faculty members and postgraduate students, from inside and outside the Faculty

Location: Hall 1, Faculty of Nursing, Benha University, and the Faculty's Computer Labs

2. A workshop was held on "Statistical methods" in November 2024.

Target group: Faculty members and postgraduate students, from inside and outside the Faculty

Location: Hall 1, Faculty of Nursing, Benha University, and the Faculty's Computer Labs

3. A workshop was held on "The (Egyptian) Knowledge Bank" in December 2024.

Target group: Faculty members and postgraduate students, from inside and outside the Faculty

Location: Hall 1, Faculty of Nursing, Benha University

4. A workshop was held on "Scientific plagiarism" in January 2025.

Target group: Faculty members and postgraduate students, from inside and outside the Faculty

Location: Videoconference Hall, Faculty of Nursing, Benha University, and the Faculty's Computer Labs

5. A workshop was held on "How to use, format and manage references (EndNote)" in February 2025.

Target group: Faculty members and postgraduate students, from inside and outside the Faculty

Location: Hall 1, Faculty of Nursing, Benha University, and the Faculty's Computer Labs

6. A workshop was held on "Medical terminology" in March 2025.

Target group: Faculty members and postgraduate students, from inside and outside the Faculty

Location: Hall 1, Faculty of Nursing, Benha University, and the Faculty's Computer Labs

7. A workshop was held on "International publishing" in April 2025.

Target group: Faculty members and postgraduate students, from inside and outside the Faculty

Location: Hall 1, Faculty of Nursing, Benha University

8. A workshop was held on "Climate change in health organizations" in May 2025.

Target group: Faculty members and postgraduate students, from inside and outside the Faculty

Location: Hall 1, Faculty of Nursing, Benha University

3. Occupational Health and Safety Unit

1. An orientation seminar on occupational safety and health was held for the administrative staff of the Faculty of Nursing, Benha University, on Monday, 11/11/2024.

2. An awareness seminar on the importance, objectives and procedures of occupational safety and health was held for faculty members of the Community Health Nursing Department at the Faculty of Nursing, on Tuesday, 18/2/2025.

4. Sustainable Development and Climate Change Unit

1. A seminar was held on "Sustainable development and climate change, within the activities of the Orientation Program for Intern (Imtiaz) students" on 5/9/2024.

Target group: Intern (Imtiaz) students

Location: Faculty of Nursing / Benha University

2. A seminar was held on "The role of entrepreneurship in achieving the Sustainable Development Goals, within the activities of the 10th Employment Forum" on 22/9/2024.

Target group: Faculty members, graduates and representatives of employers

Location: Faculty of Nursing / Benha University

3. A seminar was held on "The Sustainable Development Goals and climate change, for first-year students" on 23/10/2024.

Target group: First-year students

Location: Faculty of Nursing / Benha University

4. A seminar was held on "The Sustainable Development Goals and climate change" on 29/10/2024.

Target group: Administrative staff of the Faculty

Location: Faculty of Nursing / Benha University

5. A seminar was held on "Rationalizing the use of electricity and water" on 10/11/2024.

Target group: School students in Benha

Location: Kamal El-Din Hussein School, Benha

6. A seminar was held on "The Sustainable Development Goals and their impact on health" on 28/11/2024.

Target group: Second-year students

Location: Faculty of Nursing / Benha University

7. A seminar was held on "Violence against women" on 30/11/2024.

Target group: Faculty members

Location: Faculty of Nursing, Benha University

5. Crisis and Disaster Management Unit

1. A seminar was held on "Activities of the Crisis and Disaster Management Unit" on 10/10/2024.

Target group: First-year students

Location: Faculty of Nursing, Benha University

2. A seminar was held on "Activities of the Crisis and Disaster Management Unit" on 21/10/2024.

Target group: Second-year students

Location: Faculty of Nursing, Benha University

3. A seminar was held on "Prevention and reduction of the spread of infection" on 26/11/2024.

Target group: Students of all four academic years

Location: Faculty of Nursing, Benha University

4. A seminar was held on "Smoking and its negative effects on health" on 24/3/2025.

Target group: First- and second-year students

Location: Faculty of Nursing, Benha University

5. A seminar was held on "Smoking and its negative effects on health" on 26/4/2025.

Target group: Third- and fourth-year students

Location: Faculty of Nursing, Benha University

6. A seminar was held on "Risks of addiction" on 17/3/2025.

Target group: Students of all four academic years

Location: Faculty of Nursing, Benha University

7. A seminar was held on "Examination-control regulations for securing examinations" on 16/3/2025.

Target group: Faculty members and supporting staff

Location: Faculty of Nursing, Benha University

8. A seminar was held on "Principles of first aid" on 24/3/2025.

Target group: First-year students

Location: Faculty of Nursing, Benha University

9. A seminar was held on "Principles of first aid" on 21/4/2025.

Target group: Second-year students

Location: Faculty of Nursing, Benha University

10. A seminar was held on "Integrity and transparency in examination administration (a legal perspective on dealing with cheating cases)" on 1/7/2025.

Target group: Faculty members and supporting staff

Location: Faculty of Nursing, Benha University

11. A seminar was held on "Training on the civil fire-fighting system".

Target group: Faculty members and supporting staff

Location: Faculty of Nursing, Benha University

12. A seminar was held on "Training on the civil fire-fighting system".

Target group: Administrative staff and workers

Location: Faculty of Nursing, Benha University